

## **Lifeguards**

- City of Norfolk Lifeguards are on duty seasonally at Sarah Constant Beach Park, Community Beach Park, and Ocean View Beach Park the Saturday before Memorial Day through Labor Day from 10:00 a.m. to 6:00 p.m. daily.
- Norfolk Beach Lifeguards respond to land and water emergencies along the 7.5 miles of beach stretching from Willoughby to East Ocean View.
- Call 911 for emergencies.
- To reach Lifeguard Headquarters, call 757-441-1775 (non-emergencies).